Winter 2009-10 City of Rockville Recreation Guid

Children

A message to parents ... We require, for most programs, that children are the required age, as of the date of the first class. All age requirements are set to benefit the child and allow for more consistent program instruction. In some instances, the requirements have been set for the child's safety. Registration by Internet or phone will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by fax, mail-in or in person. Please note: The registration deadline for all activities is two weeks prior to the start of class, unless otherwise stated.

Arts, Dance & Enrichment

Ballet for Children

Learn the art of ballet through an elementary but professional approach. Children should register for the appropriate level but may be changed at the instructor's discretion. Solid color leotard and ballet shoes recommended but not required. Children should remain in Beginner Ballet for two years, then move to Intermediate for four years before progressing to Advanced. Students with demonstrated proficiency are encouraged to perform with Rockville Civic Ballet. Those previously enrolled at the Rockcrest Ballet Center should register for the same class. If a participant registers for two or more classes, a \$5 discount may be applied to one class. To receive a discount, register by mail, fax or walk-in. See Teen Section for more classes. Y

Young Beginner - Age: 5-6

30111 Sa 1/23-3/13 12-1 PM \$72/\$85 Rockville Sr. Ctr./Mattos

Young Beginner - Age: 5-7

30110 Sa 1/23-3/13 11 AM-12 PM \$72/\$85 Rockcrest Ballet Ctr./Chongpinitchai

Beginner - Age: 5-13

No class 3/12

30107 F \$72/\$85 1/22-3/19 3:45-4:45 PM

Rockcrest Ballet Ctr./Mangan

Beginner - Age: 5-13 No class 2/15 & 3/8

30100 M 1/25-3/15 3:45-4:45 PM \$54/\$64

Rockcrest Ballet Ctr./Mangan



Beginner Plus - No class 3/12 30109 F Rockcrest Ballet	1/22-3/19	5:45-6:45 PM	\$72/\$85
Intermediate I - No class 2/15 & 30101 M Rockcrest Ballet	3/8 1/25-3/15	4:45-5:45 PM	\$54/\$64
Intermediate I - 30811 Sa Rockcrest Ballet	Age: 7-12 1/23-3/13 Ctr./Chongpinitchai	12:15-1:15 PM	\$72/\$85
Intermediate 1 8 No class 3/10 30104 W Rockcrest Balle	1/20-3/17	3:45-4:45 PM	\$72/\$85
Intermediate II No class 3/9 30102 Tu Rockcrest Ballet	1/19-3/16	4:15-5:15 PM	\$72/\$85
Intermediate III No class 3/10 30105 W Rockcrest Ballet	1/20-3/17	4:45-5:45 PM	\$72/\$85
Intermediate III No class 3/12 30108 F Rockcrest Ballet	& IV - Age: 10-14 1/22-3/19 Ctr./Mangan	4:45-5:45 PM	\$72/\$85
Advanced Balle No class 3/9 30103 Tu Rockcrest Ballet	t & Pointe - Age: 12+ 1/19-3/16 Ctr./Mangan	5:15-6:15 PM	\$72/\$85

Advanced Young Teens & Pointe - Age: 12+

1/21-3/18

Rockcrest Ballet Ctr./Mangan

5:15-6:15 PM

\$72/\$85

No class 3/11 30106 Th



Learn a variety of techniques for drawing a head and figure by exaggerating the main features. Students are encouraged to stretch their drawing muscles while expanding on cartoon concepts. Note: \$12 supply fee is payable to instructor at first class.

Level I - Age: 7-10

30123 F 1/22-3/12 5:30-6:45 PM \$89/\$105

Level II - Age: 7-12

30124 F 1/22-3/12 7-8:15 PM \$89/\$105

Thomas Farm CC/Mason

Hip-Hop Dansez Dansez

Keep "movin" and "havin" fun! Learn this high energy rhythmic funky street dance using the newest hip music. Wear jazz shoes, dance slippers or sneakers. ♥

Age: 8-12

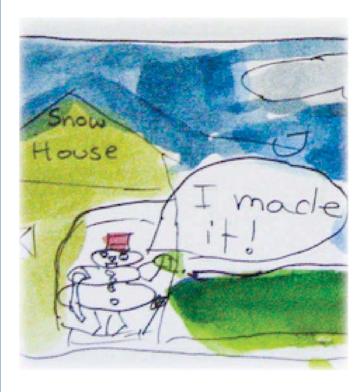
30143 Th 1/21-3/11 4-4:55 PM \$90/\$105

Thomas Farm CC/Philippe

No class 2/15 30144 M 1/25-3/22 5-5:55 PM \$90/\$105

Twinbrook CRC/Philippe





New Year's Eve Kids Gala

Welcome in 2010 at the Thomas Farm Community Center with friends. Dress up in your finest and enjoy dancing, activities and toasting the New Year. Parents are welcome.

Age: 8-18

29843 Th 12/31 8:30 PM-12:30 AM \$8/\$10

Thomas Farm CC

Parent's Night Out

Drop off the kids for supervised activities. Parents can enjoy a few hours to run errands or enjoy a quiet dinner. Note: Children must be school age.

Age: 5-11

30312 F 12/11 6:30-9:30 PM \$8/\$10

Twinbrook CRC Annex

There's always something happening at our Gommunity Genters.
See pages 28-30.

City of Rockville's

15th Annual African American Heritage Production

Featuring



The Finest! Youth Performance Troupe!

Friday, Feb. 12 – 8 p.m. Saturday, Feb. 13 – 2 p.m.

F. Scott Fitzgerald Theatre 603 Edmonston Drive, Rockville MD 20851

\$15 General Admission \$10 Children (12 & younger) \$10 Seniors (60 & older) For information call: Karen Rawlins, 240-314-8633

Tickets: 240-314-8690

F. Scott Fitzgerald Theatre Box Office www.rockvillemd.gov/recreation



Sing Dance Act - Musical Theater Intro

Explore singing, acting exercises and movement for musical theater. Learn songs and dances from popular Broadway and Disney music.

Grade: 1-2

30179 Sa 1/30-3/6 9-9:55 AM \$59/\$69

Grade: 3-4

30180 Sa 1/30-3/6 10-10:55 AM \$59/\$69

Musical Theater Ctr/Shall

Before & After School Enrichment

After School Adventure - Twinbrook

This program provides children with a safe and fun environment. Computer lab, crafts, organized games and other enrichment activities are offered. Transportation is provided from Meadow Hall and Twinbrook Elementary Schools. Children may participate in a reading program provided by the Commonweal Foundation. Participants must purchase a TCRC annual membership. Program operates only when school is in session for full days and is closed when MCPS after school activities are canceled.

No program 1/18, 1/25 & 2/15

Age: 5-12

30316 M-F 1/4-2/12 3-6:30 PM \$130/\$150 30317 M-F 2/16-3/26 3-6:30 PM \$130/\$150 Twinbrook CRC Annex

Early Risers & After School - Fallsmead

Licensed by the MSDE Office of Childcare, creative, professional staff provide activities ranging from quiet corners for reading and homework to active spaces for games and conversation. The program includes arts and crafts, clubs, field trips and celebrations. Program operates every day MCPS is in session and includes MCPS early release and most professional days. There are delayed opening and early closings during inclement weather. **Note: Amount below indicates approximate monthly fee.** Discounts for siblings available. No program 1/18, 1/25 & 2/15

Age: 5-11

30501 M-F 1/4-6/15 3:05-6:30 PM \$225/\$260 30502 M-F 1/4-6/15 7-8:50 AM \$380/\$440

Fallsmead ES

Twinbrook Renaissance After School

Each season of our Renaissance program brings you fun-filled activities throughout the school year. Enjoy trips, games, sports, creative play, reading, writing, homework help, nature activities, arts and more. Spend time with responsible, fun and energetic recreation leaders. Online registration not available. **Note: Amount below indicates approximate monthly fee for this Title I school program.** No program 1/18, 1/25 & 2/15

Age: 5-12

30326 M-F 1/4-3/26 3:30-6:30 PM \$120/\$150

Twinbrook ES

Winter Break Fun Days New

Children will enjoy two days of supervised, fun with their friends. Activities include sports, winter crafts, a gift exchange party and lots more. Participants should bring a lunch and wear athletic shoes. Snacks will be provided.

Grade: K-10

30500 M-Tu 12/28 & 29 9 AM-3 PM \$50/\$55

Thomas Farm CC

Winter R&R (Relaxation and Recreation)

Spend three days having fun with friends. Participate in sports, board games, movies, arts and crafts, bowling and going to Chuck-E-Cheese. Don't forget your lunch. Register for the daily or three-day option. Note: Additional \$10 fee for bowling. Extra money needed for Chuck-E-Cheese trip. Register by: December 15

Age: 5-10

30496 12/28 8:30 AM-5:30 PM \$65/\$75 M 12/29 \$65/\$75 30497 8:30 AM-5:30 PM Tu \$65/\$75 30498 W 12/30 8:30 AM-5:30 PM 30499 M-W 12/28-12/30 8:30 AM-5:30 PM \$170/\$195

Elwood Smith RC

When you're in Rockville, you're in the:



Respect and Responsibility

Respect for yourself. Respect for others. Responsibility for your actions.

City of Rockville Department of Recreation and Parks www.rockvillemd.gov/Rzone

Children

Clubs

Clubhouse After School

This drop-in, after school program has themed-based activities for children to learn, create and explore. Homework, snack and games are scheduled daily. Field trips are planned for half days. Note: Closed when MCPS schools are closed.

No program 1/18, 1/25 & 2/15

Grade: K-5

30731 M-F 1/11-2/19 3:30-6:30 PM \$75/\$105 30732 M-F 2/22-4/2 3:30-6:30 PM \$75/\$105 30733 M-F 4/5-5/14 3:30-6:30 PM \$75/\$105 Lincoln Park CC

Beall Kidz Club

Spend time with friends after school. Kidz Club offers caring recreation leaders to help with homework. Enjoy creative arts and fitness fun. Small snack served. Online registration not available. Need a payment plan? Call 240-314-8636.

No program 1/18, 1/25 & 2/15

Age: 5-12

Innovations Club

Using our imaginations, we will create new games, crafts and new attitudes. Our world is what we make it. Join us as we bring in the New Year with new ideas and inventive approaches to recreational activities, creative arts and fitness fun.

30322 M-F 1/4-2/19 3:05-6:30 PM \$228/\$270

Celebrity Club

Who is your favorite celebrity? This session of Kidz Club allows participants to share favorite personalities from books, movies, stage, and even from their own dreams and imaginations. Mask-making, theatrical games and a dress-up day highlight this session.

30323 M-F 2/22-3/26 3:05-6:30 PM \$228/\$270



Fitness & Wellness

We recommend bringing a water bottle to all fitness programs.

Karate - Shorin Ryu Style

Learn the oldest forms of self-defense from Okinawa. Students will be taught fundamentals of blocking, kicking and punching. Emphasis is on developing traditional one-person forms known as Kata. Develop self-confidence and discipline. Learn to defend yourself and improve balance, coordination, speed and flexibility.

Age: 6-14

30031 Tu 1/12-3/2 6:30-7:20 PM \$55/\$65

Thomas Farm CC/Karabinus

Karate - Tang Soo Do Youth

Give your child the gift of confidence. This program is designed specifically for beginners and can help your child improve self-discipline, develop better concentration and improve academic performance. Fee includes uniform. ♥

No class 2/15 Age: 4-6

30032 M & W 1/25-3/1 6-6:30 PM \$86/\$102 30033 Tu & Th 1/28-3/2 4:30-5 PM \$86/\$102

Age: 7-12

30034 M & W 1/25-3/1 3:45-4:30 PM (M) \$96/\$113

4:30-5:15 PM (W)

30035 Tu & Th 1/28-3/2 6:15-7 PM \$96/\$113

Kicks Karate





Kung Fu for Kids

This martial art is a great tool for channeling energy, positive growth and developing focus. Participants will increase their physical fitness, flexibility, stamina, coordination and discipline.

No class 1/18 & 2/15

Age: 5-10

30037 M 1/11-3/15 6:15-7:15 PM \$59/\$69 Elwood Smith RC/Thompson

Tumbling & Tramp

Participants will learn basic tumbling skills such as forward and backward rolls, handstands, cartwheels, round-offs, walkovers and back handsprings (if ready). Emphasis will be placed on coordination, flexibility and strength.

Age: 4-6

30086 F 1/15-2/19 4-5 PM \$59/\$69

Age: 6-12

30085 F 1/15-2/19 5:15-6:15 PM \$59/\$69

Xtreme Acro and Cheer

Worried about the weather?
Call the sports league play line at 240-314-5055.



Leagues

We recommend bringing a water bottle to all league practices and games.

Baseball - Co-Rec Coach Pitch 🕅

This program builds player confidence and is the next step up from T-Ball. Participants learn skills and have fun in a non-competitive setting at Welsh Park. It is recommended before pitching machine leagues. Players will be notified regarding practices, schedules and other team information. Register by: 2/18 ♥

Coach Pitch Baseball Majors - Age: 6-8

Birthdates: 9/1/01 to 8/31/03

30410 Sa 4/10-5/15 9 AM-4 PM \$51/\$61

Baseball - RBBA

Rockville Baseball Association offers a spring season for boys and girls to be held at Dogwood Park. Teams are organized by age and geographic school districts. Participants will be contacted after registration by their coach regarding practice and game schedules. For league information go to www.rbba.org or send an e-mail to info@ rbba.org. Register by: 2/26 \(\neq\)

	tes: 5/1/	ructional 01 to 4/30/03 4/9-6/25	6-9 PM	\$100/\$110				
Pee Wee Rookies								
Birthdates: 5/1/00 to 4/30/01								
30398	Sa	4/10-6/26	10 AM-9 PM	\$100/\$110				
Pee Wees								
Birthdates: 5/1/98 to 4/30/00								
30399	Sa	4/10-6/26	10 AM-9 PM	\$100/\$110				
Midgets								
Birthdates: 5/1/96 to 4/30/98								
30400	Sa	4/10-6/26	10 AM-9 PM	\$100/\$110				
Juniors	8							
Birthdates: 5/1/94 to 4/30/96								
	Sa	4/10-6/26	10 AM-9 PM	\$100/\$110				
Seniors								
Birthdates: 5/1/92 to 4/30/94								
30402	Sa	4/10-6/26	10 AM-9 PM	\$100/\$110				

Children

Softball - Girls

Our teams are organized by age and geographic school districts. Volunteer coaches conduct team practices with games held at Mark Twain School Park. Participants will be contacted regarding league schedules, team practices and other information. League play begins the week of April 10. Participants must either live in or attend school within the Rockville corporate limits. Note: Children must play in the division corresponding to their birth year. Register by: 2/18 \(\frac{\text{V}}{\text{V}}\)

Pee Wees/Coach Pitch

Born: 2000-2001

30434 Sa 4/10-5/29 9 AM-4 PM \$70/\$80

Midgets/Slow Pitch

Born: 1998-1999

30435 Sa 4/10-5/29 9 AM-4 PM \$73/\$83

Juniors/Modified Fast Pitch

Born: 1996-1997

30436 Sa 4/10-5/29 9 AM-4 PM \$73/\$85

Associates/Fast Pitch

Born: 1993, 1994 & 1995

30437 Tu & Sa 4/10-6/1 9 AM-4 PM (Sa) \$75/\$85

6 & 7 PM (Tu)



T-Ball - Minors

Learn simplified rules and have fun in a safety-conscious atmosphere. Participants will hit from a T-Ball stand. Special baseballs are used which are safer and help develop player confidence. Players will be notified regarding practices, schedules and other team information. Games held at Welsh Park. Register by: 2/18 ♥

Minors

Birthdates: 9/1/03 to 8/31/04

30441 Sa 4/10-5/15 9 AM-4 PM \$51/\$61

We recommend bringing a water bottle to all sports programs.

Track & Field

Learn basic track and field skills through participation and competition. All participants have the opportunity to compete in a City Conference Meet. Participants must either live or attend a school within the Rockville corporate limits. Practices begin mid-April with meets to begin early May. Conference meets begin early June. Note: All dates are tentative. Register by: 2/18 ♥

Bantams - Age: 6-8

Birthdates: 1/1/02 to 8/31/03

30524 W 5/5-6/9 5:45-9 PM \$53/\$63

Midgets - Age: 9-10 Born: 2000 - 2001

30525 W 5/5-6/9 5:45-9 PM \$53/\$63

Juniors - Age: 11-12 Born: 1998-1999

30526 W 5:45-9 PM \$53/\$63 5/5-6/9

Intermediates - Age: 12-14

Born: 1996-1997

30527 W 5/5-6/9 5:45-9 PM \$53/\$63





Get Involved in Adult Team Sports

Men's Softball • Women's Softball Co-Rec Softball • Men's Basketball Co-Rec Sand Volleyball

Got a team together? • Want to join a team?

League play begins:

- April 7 Men's Basketball April 15 Woman's Softball
- April 16 Co-Rec Softball April 19 Men's Softball
- April 29 Co-Rec Sand Volleyball

Mail your information to:

Department of Recreation and Parks City of Rockville, 111 Maryland Ave., Rockville MD 20850 ATTN: Sports Division www.rockvillemd.gov/recreation • 240-314-8620 sports@rockvillemd.gov

Have some Winter fun... Go Snow Tubing. See page 27

Sports

Basketball - Make It Happen

Learn the fundamentals of basketball and get in shape during the offseason. This class is taught by a former professional basketball player and features techniques and drills that will help turn you into a better all-around player. Participants receive a shirt. Awards presented at the last session. 🔻

Grade: 1-5

30736 W 1/6-2/10 6:30-7:30 PM \$41/\$51 Lincoln Park CC

Basketball Skills - Co-Ed

Increase confidence as you gain fundamental basketball skills. Learn proper techniques, rules of the game and ball control. Execute a variety of drills and experience game-like situations.

Age: 7-8 29997 Th 1/14-3/4 4-4:50 PM \$59/\$69 Rock Terrace School/Jordan

Age: 7-8

30764 W 5:15-6:05 PM 1/13-3/3 \$59/\$69 Thomas Farm CC/G. Meza

Age: 9-10

29998 Th 1/14-3/4 5-5:50 PM \$59/\$69 Rock Terrace School/Jordan





Trying out for your high school team? Hoping to be a high school coach? This class is tailored to meet the needs of advanced players and help improve skills and conditioning. \(\forall \)

Age: 9-12

\$59/\$69 29999 Tu 1/12-3/2 4:20-5:10 PM

Thomas Farm CC/Jordan

Fencing - Youth Beginner

This class is designed to expose children to the Olympic sport of fencing. It will emphasize safety and proper technique. Equipment is provided, however participants need to wear comfortable clothes and a fencing glove (or garden/golf glove). Flexible swords are used.

Age: 7-9

30010 Sa \$128/\$151 1/23-3/20 11 AM-12 PM

Age: 7-9

30013 Th 6-7 PM \$128/\$151 1/21-3/18

Age: 10-13

30011 Sa 12:20-1:40 PM \$128/\$151 1/23-3/20

Age: 10-13

\$128/\$151 30012 Th 1/21-3/18 7:20-8:40 PM

Rockville Fencing Academy



Quick Start Tennis

This is an exciting new format for learning tennis. It's designed to keep kids moving and teach game play early, using specialized equipment, shorter court dimensions and modified scoring. \(\neg \)

Age: 6-7

30772 Sa 1/16-2/13 10-10:50 AM \$58/\$68

Age: 8-10

30773 Sa 1/16-2/13 11-11:50 AM \$58/\$68

Thomas Farm CC/Meyer

Soccer Skills

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Scrimmages are included. \times

Age: 4-5

30057 W 1/27-2/24 4:15-5 PM \$44/\$52

Thomas Farm CC/G. Meza

Sports-N-Stuff

Enjoy the action as you channel your energy into a variety of sports and games. Learn fundamental skills in soccer and basketball, participate in obstacle courses and other exciting games. \textstyle \

Age: 6-7

30769 Tu 6:15-7 PM 1/12-3/2 \$59/\$69

Thomas Farm CC/D. Meza

Tiny Tykes Basketball

Your little one will kick off the day with some exercise and fun. Learn the basics of basketball: dribbling, passing and shooting. Socialization, teamwork and good sportsmanship will be emphasized. Y

Age: 4-5

30767 Sa 1/16-3/6 9-9:45 AM \$59/\$69

Thomas Farm CC/Rose

Age: 5-6

30771 Tu 1/12-3/2 5:20-6:10 PM \$59/\$69

Thomas Farm CC/D. Meza

Discover it here... the joy of learning and having fun!